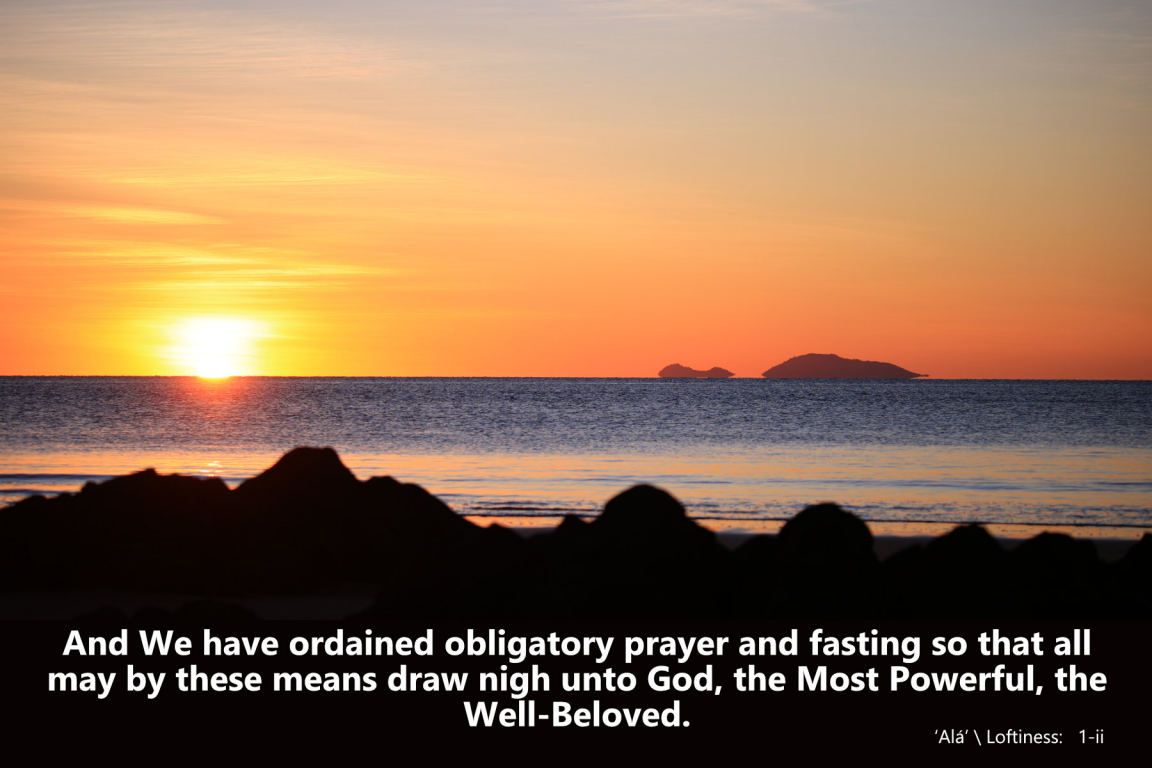


Blessed Spot Reflections

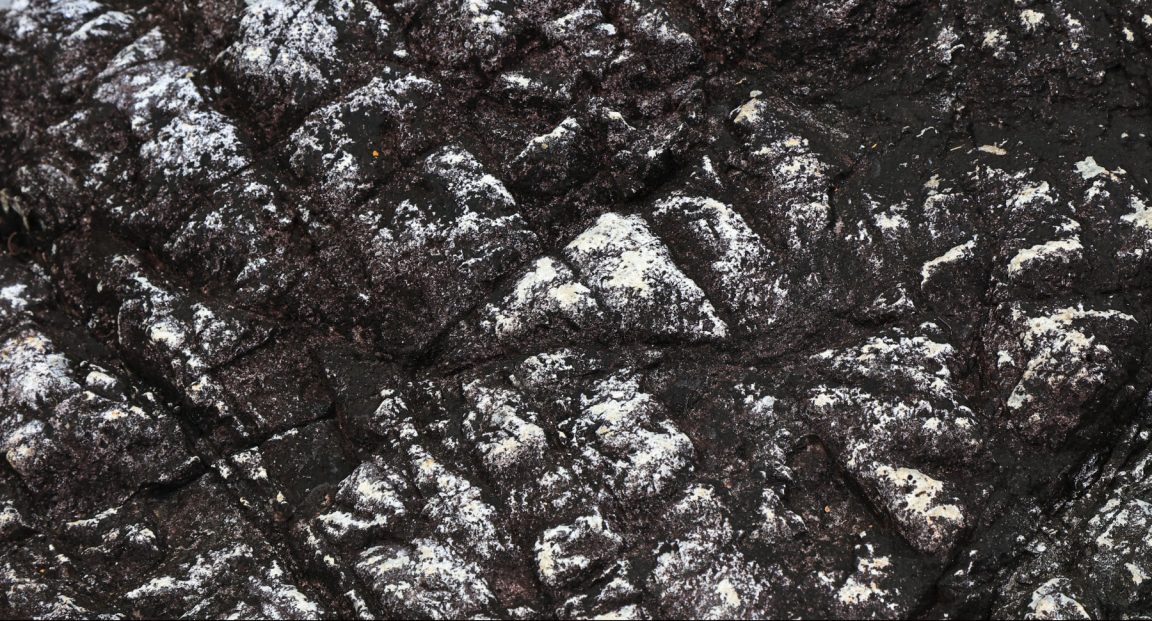
Month of 'Alá' \ Loftiness
Daily Readings



We, verily, have set forth all things in Our Book, as a token of grace unto those who have believed in God, the Almighty, the Protector, the Self-Subsisting.



And We have ordained obligatory prayer and fasting so that all may by these means draw nigh unto God, the Most Powerful, the Well-Beloved.



We have written down these two laws and expounded every irrevocable decree.



**We have forbidden men from following whatsoever might
cause them to stray from the Truth ...**



... and have commanded them to observe that which will draw them nearer unto Him Who is the Almighty, the All-Loving.



Say: Observe ye the commandments of God for love of His beauty, and be not of those who follow in the ways of the abject and foolish.



Cling firmly to obligatory prayer and fasting.



Verily, the religion of God is like unto heaven ...



... fasting is its sun ...



... and obligatory prayer is its moon.



In truth, they are the pillars of religion whereby the righteous are distinguished from those who transgress His commandments.



We entreat God, exalted and glorified be He, that He may graciously enable all to observe that which He hath revealed in His Ancient Book.



These are the days of the Fast. Blessed is the one who through the heat generated by the Fast increaseth his love, and who, with joy and radiance, ariseth to perform worthy deeds. Verily, He guideth whomsoever He willeth to the straight path.



We beseech God to assist His people that they may observe the most great and exalted Fast, which is to protect one's eye from beholding whatever is forbidden and to withhold one's self from food, drink and whatever is not of Him.



We pray God to confirm His loved ones that they may succeed in accomplishing that which they have been commanded in this Day.



Even though outwardly the Fast is difficult and toilsome, yet inwardly it is bounty and tranquillity.



Purification and training are conditioned and dependent only on such rigorous exercises as are in accord with the Book of God and sanctioned by Divine law, not those which the deluded have inflicted upon the people.



Verily, I say, fasting is the supreme remedy and the most great healing for the disease of self and passion.



All praise be to the one true God Who hath assisted His loved ones to observe the Fast and hath aided them to fulfill that which hath been decreed in the Book.



In truth, ceaseless praise and gratitude are due unto Him for having graciously confirmed His loved ones to perform that which is the cause of the exaltation of His Word.

'Alá' \ Loftiness: 10-ii



There are various stages and stations for the Fast and innumerable effects and benefits are concealed therein. Well is it with those who have attained unto them.



In clear cases of weakness, illness, or injury the law of the Fast is not binding.



This injunction is in conformity with the precepts of God, eternal in the past, eternal in the future. Well is it with them who act accordingly.



The law of the Fast is ordained for those who are sound and healthy ...



**... as to those who are ill or debilitated, this law hath never
been nor is now applicable.**



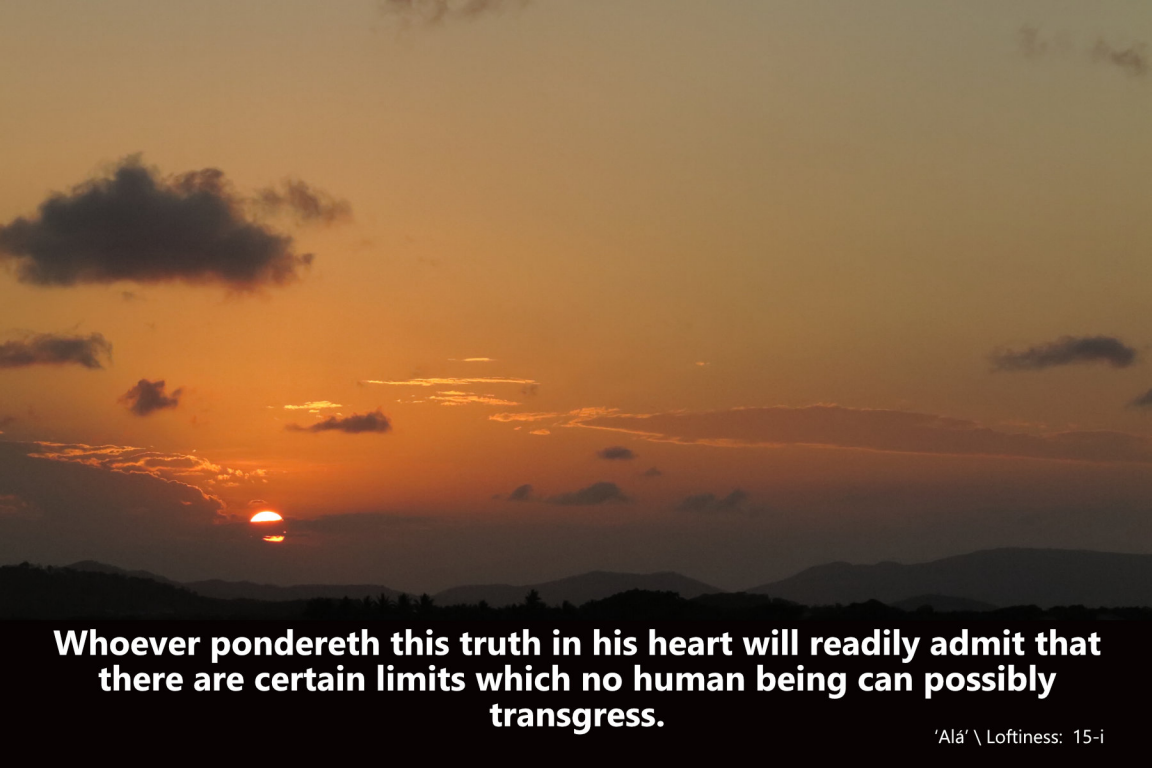
All that the sages and mystics have said or written have never exceeded, nor can they ever hope to exceed, the limitations to which man's finite mind hath been strictly subjected.



To whatever heights the mind of the most exalted of men may soar, however great the depths which the detached and understanding heart can penetrate, such mind and heart can never transcend that which is the creature of their own conceptions and the product of their own thoughts.



The meditations of the profoundest thinker, the devotions of the holiest of saints, the highest expressions of praise from either human pen or tongue, are but a reflection of that which hath been created within themselves, through the revelation of the Lord, their God.



**Whoever pondereth this truth in his heart will readily admit that
there are certain limits which no human being can possibly
transgress.**



Every attempt which, from the beginning that hath no beginning, hath been made to visualize and know God is limited by the exigencies of His own creation—a creation which He, through the operation of His own Will and for the purposes of none other but His own Self, hath called into being.



Immeasurably exalted is He above the strivings of human mind to grasp His Essence, or of human tongue to describe His mystery.



**No tie of direct intercourse can ever bind Him to the things
He hath created ...**



**... nor can the most abstruse and most remote allusions of
His creatures do justice to His being.**



**Through His world-pervading Will He hath brought into
being all created things.**



He is and hath ever been veiled in the ancient eternity of His own exalted and indivisible Essence, and will everlastingly continue to remain concealed in His inaccessible majesty and glory.



All that is in heaven and all that is in the earth have come to exist at His bidding ...



**... and by His Will all have stepped out of utter nothingness
into the realm of being.**



How can, therefore, the creature which the Word of God hath fashioned comprehend the nature of Him Who is the Ancient of Days?

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- Day 1-ii to Day 3-ii ibid
- Day 4-i Bahá'u'lláh; The Importance of Obligatory Prayer and Fasting; A Compilation Prepared by the Research Department of the Universal House of Justice; #XIV
- Day 4-ii to Day 6-ii ibid
- Day 7-i Bahá'u'lláh; The Importance of Obligatory Prayer and Fasting; A Compilation Prepared by the Research Department of the Universal House of Justice; #XV
- Day 7-ii Bahá'u'lláh; The Importance of Obligatory Prayer and Fasting; A Compilation Prepared by the Research Department of the Universal House of Justice; #XII
- Day 8-i ibid
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- Day 9-i ibid
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- Day 10-i Bahá'u'lláh; The Importance of Obligatory Prayer and Fasting; A Compilation Prepared by the Research Department of the Universal House of Justice; #XVIII
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- Day 11-i Bahá'u'lláh; The Importance of Obligatory Prayer and Fasting; A Compilation Prepared by the Research Department of the Universal House of Justice; #XIX
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- Day 12-ii Bahá'u'lláh; The Importance of Obligatory Prayer and Fasting; A Compilation Prepared by the Research Department of the Universal House of Justice; #XXI
- Day 13-i ibid
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- Day 14-1 to Day 19-ii ibid



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